Syllabus

**Introduction to**

**Existential Psychotherapy**

(Prague Humanities Institute)

The task of this course will be to introduce the student to the field of existential psychotherapy.

Moreover, the first part of this course will attempt to provide the student with the necessary critical and philosophical background out of which the field of existential psychology first emerged or evolved into the modern practice of psychotherapy; once this has been accomplished we will turn to Irvin D. Yaloam’s classical text: Existential Psychotherapy, in order to discuss such key issues in the field of existential psychotherapy and psychopathology as: life, death, anxiety, freedom, willing, guilt, throwness, isolation, meaninglessness, fear, and so-forth, as these above themes begin to emerge out of their philosophical backgrounds and into the clinical therapeutic setting of modern existential psychotherapy and psychiatry. Moreover, this course in existential psychotherapy is considered as being “interdisciplinary” in character, which means, it is situated at the “crossroads” between the fields of philosophy, psychology, and literature. Students will be expected to work across the field of psychogy in order to “interface” their research with the fields of philosophy, literature, or, another closely related field of study.

Required text:

**TO BE ANNOUNCED**